Psychology
Treating Disorders

Learning Outcomes
The student should be able to

<table>
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<tr>
<th>Learning Outcomes</th>
<th>Assessment Criteria</th>
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<tbody>
<tr>
<td>1 Understand the treatment of mental illnesses from different psychological perspectives</td>
<td>1.1 Describe treatments of mental illness from different psychological perspectives</td>
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<td>1.2 Evaluate treatments of mental illness from different psychological perspectives</td>
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<td>1.3 Apply different psychological perspectives to the treatment of a mental illness</td>
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Assessment Methodology
Presentation, portfolio or essay

Grading of this Unit
The following grade descriptors will be applied to the assessment of this unit:

1 Understanding the Subject
2 Application of Knowledge
4 Use of Information
5 Communication and Presentation
7 Quality

Please refer to the QAA Grade Descriptors for detail of the components of each descriptor

Indicative Content
Please note that the indicative content supplied below is intended as a suggested guide only. It is not meant to be a prescriptive, exhaustive or fully delivered content list.

1 Understand the treatment of mental illnesses from different psychological perspectives
   - Possible treatments could include psychoanalysis, CBT, medical model, drug therapies, neuro-chemical treatment based on for instance the dopamine hypothesis, psychotherapy, ECT, client-centred therapy, behaviour therapy, cognitive therapy, systematic desensitisation, flooding, aversion therapy, cognitive therapy, Beck, Ellis ABC model
   - Application to depression, schizophrenia, anxiety disorders, phobia, OCD, eating disorders, PTSD