**Unit Information**

**Unit:** Preparing to Progress  
**Level:** 3  
**Credit Value:** 3  

**What you will study:**

You will learn how to assess your own skills, experiences and qualifications to identify what is required to progress to higher education. You will learn how to produce a suitable application for higher education or employment, and how to prepare for an interview (for university and/or employment).

**How you will be assessed:**

1. You will complete a number of short and long answer questions.  
2. You will partake in a mock interview.