# Unit Information

**Unit:** Studies in Adolescence  
**Level:** 3  
**Credit Value:** 3

### What you will study:

You will learn about the biological changes that occur during puberty to early adulthood, including the physiological and hormonal changes that occur. You will explore the psychological theories of transition during adolescence, e.g. Erikson’s psychosocial development theory. You will also cover the development of the self and self-identity.

### How you will be assessed:

1. You will write an essay.